

Case Blog

Psoriasis is Confused with Ringworm

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Figure: A case of psoriasis.

Clinical Presentation

KS, a female patient aged about 30 years, complained of circumscribed skin lesions in the buttock, elbow, and scalp and back (Figure). The lesions were confused with ringworm and treatment for ringworm failed without any improvement. The lesions were itchy. A diagnosis of psoriasis was made. Psoriasis is characterized by a chronic inflammatory skin disease. Certain people are genetically predisposed to psoriasis. The signs and symptoms of the disease vary including red scaly plaques in the elbows, knees and often in the scalp. The skin lesions are itchy. The disease is not contagious. It has been observed that diabetes and coronary heart disease are more commonly associated with psoriasis patients, who are generally obese.

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