

Clinical case blog

Title: Spontaneous Expulsion of Foetal Bones 3 Months after Termination of Pregnancy

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Case Presentation

We report the case of a 32-yr –old G10P9017 woman with a past history of avoluntary medical termination of pregnancy at 18 weeks gestation. This was complicated by intermittent lower abdominal pain, dark vaginal discharge with no fever for 3 months. She then presented as an emergency following an episode of the lower abdominal pain and vaginal bleeding but this time associated with foetal remnants. On physical examination her vital signs were normal. There were no signs of sepsis and the abdomen was soft and non-tender. There was a dark offensive discharge surging out from the vagina associated with small foetal bones. (Figure 1) Examination with the speculum revealed an open erythematous cervix that bulged asymmetrically. Curettage for an incomplete abortion was thus performed.

This case highlights the risks and difficulties in termination of pregnancy after the first trimester especially by inexperienced practitioners. This was a case of an incomplete abortion and the patient was extremely fortunate to be alive.

Reference

Campbell S, Monga A (2000) Disorders of early pregnancy (ectopic, miscarriage, GTD). (17thedn) Stuart Campbell and Ash Monga Oxford University press Inc., New York

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