

International Journal of Clinical & Medical Images

ISSN : 2376-0249 Vol 5 • Iss 6• 1000611 Sep, 2018 DOI: 10.4172/2376-0249.1000611

Clinical Image

A Not so Common Cold

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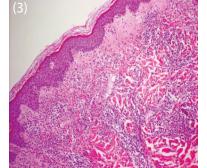


Figure 1: Round, slightly elevated lesions on the back of the neck. Figure 2: Round, slightly elevated lesions on left arm. Figure 3: Histological neutrophilic infiltration.

Clinical Image

At the emergency department a 42-year old women presented with a rapidly progressive skin disorder. It started a few days earlier with a small plaque on the neck, spreading quickly to the thorax, abdomen and both legs; accompanied by fever. She had no significant medical history and took no medication. 3 weeks before she had complaints of an upper respiratory airway infection (Figures 1 and 2). Lab results were normal, besides a mild thrombocytosis and a high CRP of 250 mg/dL.

The lesions could be described as sharp-edged, slightly elevated erythematous plaques and looked like those seen in sweet syndrome (or acute febrile neutrophilic dermatosis). A biopsy is one of the lesions showed a neutrophilic dermatosis without leukocytoclastic vasculitis, compatible with Sweet Syndrome. Therefore oral corticoid therapy was started with regression of the lesions after a few days (Figure 3).

Sweet Syndrome is typically seen 1-3 weeks after respiratory/gastro-intestinal infections or is associated with (haematological) malignancies or auto-immune systemic disorders.

Screening for haematological malignancies was done by performing a bone marrow aspirate and biopsy, but showed normal findings.

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In this differential diagnosis should be considered:

- EEM
- Sneddon Wilkinson disease
- Deep fungal infection
- Cutaneous lymphoma
- Behcet's disease
- Erythema elavatum diutinum