Clinical Image

An Unusual Viral Infection in Adults

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Clinical Presentation

Vesicles on the soft palate of a healthy 32 year-old man with no personal history. He presented to the ER with a sore throat and burning feeling of the tongue when eating fruit. He mentioned noticing little vesicles on the tip of the tongue the day before. He had no travel history or contact with pets. He had two small children under the age of five who were healthy. On examination there was no exanthema, palms and soles where spared. The soft palate and the right border of the tongue tip had small vesicles that where not spontaneously painful (Figure 1). The diagnosis of Herpangina caused by Coxsackie virus was made on the basis of the contact with children and no other complaints.

Figure 1: An unusual viral infection.