

Clinical-Medical Image

An Endoscopic Lure: When Healthy Diet Mistakes Infection

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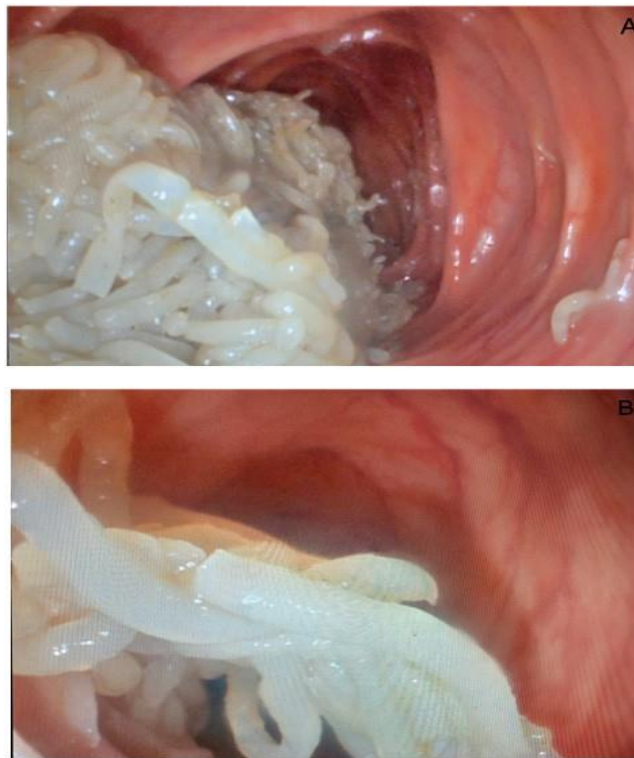


Figure 1: Small round worms in the caecum (A) and left colon (B).

Clinical Image

A fifty-year-old woman, with no medical history, was admitted for rectal bleeding. Clinical examination showed no sign of haemorrhoid or anal fissure and parasitological stool examination wasn't in favour of any infection. A colonoscopy examination was therefore required given the age of the patient and symptoms. During colonoscopy, no tumoral lesion or ulceration were observed, however small round worms, with poor mobility, were seen in the Figures 1A and 1B. At first thought, a suspicion of ascariasis was retained.

However, because of a negative parasitological exam, and the odd aspect, further investigations were required. Going through anamnesis with the patient, and questioning about her diet, the patient revealed regularly consuming Konjac noodles due to their gut profit. This lure made us take the bait. The patient took medical treatment for the rectal bleeding caused by internal haemorrhoids and was sent back home.

Keywords: Colonoscopy, Parasitosis, Konjac

Declaration of Interests

The authors declare that they have no competing interests.

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