

Clinical-Medical Image

## Nose Reconstruction Plastic Surgery: Improving Function and Appearance of the Nose

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Figure 1: Nose reconstruction plastic surgery before and after.

### Clinical-Medical Image

Nose reconstruction plastic surgery, also known as rhinoplasty, is a surgical procedure that aims to improve the appearance and/or function of the nose. It can be done for various reasons, such as correcting a deviated septum, reducing the size of the nose, or changing the shape of the nose to better fit the face. There are different techniques used for nose reconstruction, depending on the specific needs of the patient. The procedure can involve removing or reshaping bone and cartilage, adding tissue grafts, or using fillers to smooth out irregularities. Before undergoing nose reconstruction plastic surgery, it is important to have a consultation with a qualified plastic surgeon. The surgeon will evaluate the patient's nose, discuss their goals and expectations and explain the risks and benefits of the procedure. They may also use computer imaging software to show the patient what their nose may look like after the surgery. Recovery time for nose reconstruction surgery varies depending on the extent of the procedure, but patients can generally expect some swelling and discomfort for several days after the surgery. It is important to follow the surgeon's instructions for post-operative care to ensure proper healing and minimize the risk of complications [1,2].

**Keywords:** Beck depression inventory-II; Empty nose syndrome; Depression; Nasal reconstruction

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### Conflict of Interest

The authors declare no conflict of interest.

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